# **GIFT Opening Retreat: Grace and Faith Packing List**

- Clothes bring a pair of jeans/pants and a sweatshirt for the evening
- Toiletries
- Small hand towel and/or wash cloth
- Closed toe shoes a must for participation on the low ropes course
- Bible
- \$5
- Water bottle

Pack light! You're only away for one night!

## Provided at the Stone Center:

• Linens and blankets (no need for sleeping bag and pillow!)

## Things to leave at home:

- Anything of sentimental or monetary value that you're afraid of losing
- Pocket knives

#### Medication policy:

Prescription medication needs to be given to Pastor Aleese at time of drop off on Friday. Medication will be distributed by pastors only.

Over-the-counter medication will be available as needed

#### Note re cell phones:

Cell phone reception is incredibly spotty at camp. It's likely youth will not have good service

There will be periods of time we ask for the youth's cell phones.

We will be in touch with parents re our arrival and departure via our joint number.